

SEVEN SEAS



# SOCIETY PAGES

QUARTERLY | *Winter 2016* | N° 16

News | Destination Inspiration | Regent Recipe | Meet the Crew



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SEVEN SEAS SOCIETY PAGES



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## My Fellow Cruise Lovers,

I can't believe it's that time of year again already. The days are much shorter, the heating is well and truly on, and Jingle Bells seems to be playing everywhere I go. But with it also comes cosy nights in by a roaring log fire, and of course, delicious mulled wine.



It's a time of the year when lots of us start planning our holidays for next year and beyond. Whether you're a culture vulture, a sun-lover, an adventurer, a sightseer or a combination of them all, we no doubt have something that will really make you sit back and say "wow". Particularly as we prepare for the launch of our new itineraries and destinations in early January.

It's also a perfect time to reflect on the year that was, and for us here at Regent, it truly was a year to remember. We launched our first ship in nearly 13 years, the glorious Seven Seas Explorer, which, as many of you know, is absolutely incredible. We also announced that Explorer would be followed by a sister vessel in 2020, and began our massive fleet-wide refurbishment of our three already stunning existing ships.

This time of year is, for many, also about gift giving and receiving. So after deciding that you probably didn't need any more socks, I thought I would give you something better: the best possible price on your next cruise. We held our prices for as long as we could, but as the Pound and the Euro have continued to fall, we have had no other option but to increase our fares. The good news for you though, is that if you book your cruise by the 1st of January 2017, you will secure the best possible fare. Santa is going to struggle to beat that!

I have also helped curate this edition of the Seven Seas Society Pages, adding in some new content, while keeping some old favourites, and delivered something that I hope you will really enjoy over the holiday break. So please read on, and I hope that Sinterklaas, Father Christmas, jolly Saint Nick, or Santa – whatever your name for him – is more than generous to you, and I look forward to seeing you on board in 2017.

Merry Christmas and Happy New Year!

Graham Sadler  
Managing Director  
Regent Seven Seas Cruises

Editor: Graham Sadler

Editorial support: James Arnold, Tom Benson & Anna Thornton

Designer: Samuel Smith

Society enquiries/feedback: society@rssc.com

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Society@rssc.com

@RegentSevenSeasCruises

@RegentCruises

@RegentCruises



President's Corner

# HELLO FROM MIAMI

*a message from Jason Montague, President & CEO*



It was incredibly exciting to christen Seven Seas Explorer®, the world's most luxurious ship, in Monte Carlo this past July. After years of planning, it was a truly emotional moment when Her Serene Highness Princess Charlene of Monaco cut the red velvet ribbon that sent a bottle of champagne smashing against the ship's hull. The evening included a special private concert by world-renowned Italian tenor Andrea Bocelli. Personally, this was the first time I saw him perform live and to have it be in such an intimate setting with our newest ship in the background was an experience I'll never forget.

Now the question is how will I top that incredible vacation next summer? My family had such a wonderful time exploring the French Riviera and Spain that we have decided to return to the Mediterranean in 2017 for another adventure steeped in history and culture – only this time along the Greek Isles. We plan on swimming and snorkelling in Mykonos, as well as taking in the vantage point of the Parthenon from the top of the iconic Acropolis in Athens. I'm certain we will make time to bask in the warm Aegean sun at a cliff-side café in scenic Santorini and even make our way to the Old Quarter of Corfu to see the 14th-century Old Venetian Fortress, which happens to be a UNESCO World Heritage Site.

You certainly don't have to wait until the summer to discover new places or return to your favourite destinations. Best of all, if you set sail now you will be able to see, feel and taste the new Regent Seven Seas Cruises. When I say new, I'm not only referring to Seven Seas Explorer. Seven Seas Navigator® has been dramatically upgraded with a new Library and Coffee Connection, as well as suite amenities and furnishings. And Seven Seas Voyager® has just emerged from her own extensive refurbishment. Across our four ships, we have also unveiled our greatest innovation yet – the complete re-imagining of Compass Rose's menu, making it our largest speciality restaurant with a new menu and a sophisticated look. On your next cruise, you will enjoy a seemingly endless combination of dishes to choose from during dinner service at Compass Rose in an elegant setting.

I am both humbled and excited to be at the helm of this extraordinary company and my goal is to continue to provide you with the ultimate luxury vacation highlighted by impeccable service, generous inclusions and remarkable itineraries. Although there was much to celebrate this year, the real jubilation begins next year, when we mark the 25th anniversary. We look forward to commemorating this milestone, and the many more to come, together with you.

Warmest regards,

## NEW ITINERARIES & DESTINATIONS COMING SOON

For those of you who like to get in early and book your cruise ahead of time, look no further than our 2018/2019 new voyage collection. From the Far East and the dazzling Pacific, to exotic Africa and beyond, we've scoured the globe and found some incredible new ports of call to take you to, some for the first time.

While we will be officially unveiling these on the 18th of January 2017, as a Seven Seas Society member you will get a special advance preview of the new itineraries a few days early on the 16th of January 2017. Be sure to keep an eye on your email inbox and our website for more information, there are some amazing new itineraries for you to enjoy.



News

# NEW FREE UNLIMITED SHORE EXCURSIONS



### IN GAETA, ITALY:

**AMPHITHEATRE OF MINTURNO & WINE TASTING** – Enjoy a picturesque drive around the bay and on to Minturno, home to several impressive Roman structures, including archways, a forum and a theatre for more than 4,500 people. Tour a nearby vineyard and sample locally produced wines from a dark ruby blend of Aglianico and Piediroso grapes or a soft silky Eleusi, to a more complex white wine made from Falaghina grapes with aromas of citrus and honey.

### IN CIUTADELLA DE MENORCA, SPAIN:

**MENORCA SPECIALTIES** – Discover Hort Sant Patrici, a rural hotel and restaurant known for its handcrafted cheeses and fine wines. Walk the vineyard, learn about traditional cheese-making and sample delicious cheeses and wines. Then, visit Jaime Mascaro, a factory that has been producing handmade shoes for generations. Although founded in 1918 as a workshop that made ballerina slippers, the company now makes leather shoes, coats, bags and belts.

### VISIT GAETA OR CIUTADELLA DE MENORCA IN 2017:



#### MONARCH & ROYALS *Seven Seas Explorer®*

**11 MAY, 2017 | 10 NIGHTS | ROUNDTRIP BARCELONA**  
Ports Visited: Barcelona, Valencia, Palma de Mallorca, Valletta, Taormina (Sicily), **Gaeta**, Portofino, Monte Carlo, Provence (Marseille)

#### BRILLIANT CÔTE D'AZUR *Seven Seas Voyager®*

**25 JULY, 2017 | 7 NIGHTS | MONTE CARLO TO ROME**  
Ports Visited: Monte Carlo, Antibes, Sanary-sur-Mer, **Ciutadella de Menorca**, Ajaccio (Corsica), Portofino, Portoferraio (Elba), Rome (Civitavecchia)

New Port of Call

# WIN

## A LIMITED EDITION GLOBETROTTER SUITCASE

Your thoughts and feedback are important to us, so we want to hear what YOU think about the brochures, mailings and emails we send to you.

Simply visit [RSSC.com/guestquestionnaire2016](http://RSSC.com/guestquestionnaire2016) and complete our short questionnaire for your chance to win one of two exclusive, handmade Regent Globe-Trotter suitcases! Best of luck!





# HAVANA GREAT TIME!

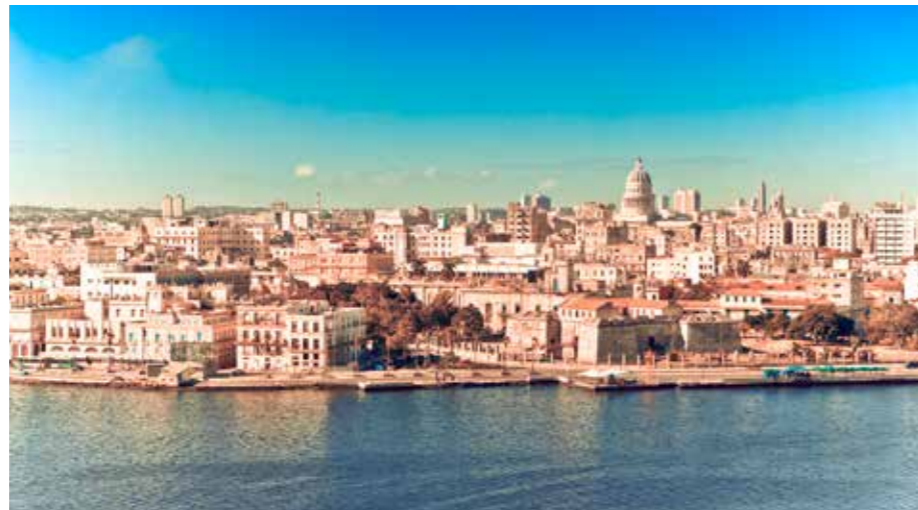
SALSA, RUM, CIGARS AND COMMUNISM. JUST A FEW OF THE INITIAL THOUGHTS THAT SPRING TO MIND WHEN TALKING ABOUT CUBA. HOWEVER, THE LARGEST ISLAND IN THE CARIBBEAN IS SO MUCH MORE.



Nearly 6,350 native Cuban plants and 80 nature reserves make this destination a nature lover's paradise, and the breathtaking mountainous landscape and lush tropical forests provide an incredible backdrop to explore.

Cuba is a unique destination like no other. Colonial cities drip with cultural and historical landmarks and gold sand beaches make for the perfect sun lounge in between dips into the warm turquoise sea.

The big news for Regent guests is that we can now take you to Cuba with these two fantastic itineraries on board the refurbished Seven Seas Mariner. Sailing April 2017, this is a once in a lifetime chance to visit the truly fascinating port of Havana.



## Cuban VOYAGES

FEATURING OVERNIGHT STAYS IN HAVANA

SUNSET SPLENDORS | *Seven Seas Mariner*<sup>®</sup>

MIAMI ROUNDTRIP | 11 APRIL, 2017 | 7 NIGHTS

TROPICAL DISCOVERIES | *Seven Seas Mariner*<sup>®</sup>

MIAMI ROUNDTRIP | 18 APRIL, 2017 | 7 NIGHTS



# MOMENTS CREATE MEMORIES

CELEBRATING 25 YEARS



Regent has come a long way in 25 years. It all started in 1994 and since then countless milestones, or moments, which have defined the cruise line you know and love today. These include building four ultra-luxurious ships and the launch of our all-inclusive on board experience in 2007

Moments create memories. And we hope that you've created some of your own magical moments with us.

**We would love to include your milestones and moments in future issues of the Society Pages, so if you have a photo from a past voyage or would like to tell us your stories, please send it to [Society@rssc.com](mailto:Society@rssc.com).**



# LUXURY UNVEILED

*Fully Transformed Seven Seas Voyager®*

Seven Seas Voyager has undergone luxurious renovations as part of our \$125 million fleet-wide refurbishment program. She boasts a sophisticated new look across her suites, restaurants and lounges that exudes luxury at every turn.

We have raised the bar with her latest redesign that has left no area untouched. And if you have sailed aboard Seven Seas Voyager in the past, you will agree that her new level of elegance is more sumptuous than the day she was christened.

## TOP REASONS YOU'LL LOVE THE NEW *Seven Seas Voyager*®:



*Deluxe Veranda through Penthouse Suites*

The largest collection of suites, from Deluxe Veranda through Penthouse Suites, received all-new furniture, upholstery, lighting and wall coverings. Every suite's bedroom features the new custom-made, ultra-comfortable Elite Slumber Bed, dressed in luxurious 100% cotton sateen sheets and supported by a plush padded leather headboard. Each suite was outfitted with new sofas and chairs, dining tables, lamps and accent lighting, as well as modern artwork that all come together for a sophisticated, timeless décor.



*Chartreuse*

Previously only available aboard *Seven Seas Explorer*, this restaurant replaced Signatures and features new furnishings, china, flooring and décor. The new menu is classic French with a modern twist with specialties such as rack of lamb with rosemary persillade and chickpea fritters, as well as poached lobster and scallop ballotine, green asparagus and broad beans.



*Compass Rose*

Our largest speciality restaurant is grander and more resplendent than ever before. From rich wooden accents to grand crystal chandeliers, the new décor offers a dramatic dining experience. Complementing the new look is its updated menu, featuring an unprecedented, fully customised epicurean experience with an unequalled variety of gourmet options available nightly.



*Pool Grill*

The outdoor eating area adjacent to the Pool Deck has been completely refurbished with stylish, yet casual, seating areas that flank both sides of the ship. A new infrared barbecue grill allows our chefs to prepare savoury specialties such as steaks, chops, lamb and salmon on the open deck.



*La Veranda*

In a major structural change, the buffet area is now more open, offering you easy access to delicious dishes from both sides of the restaurant, as well as a new cook-to-order grill station at the buffet.



*Canyon Ranch SpaClub® Fitness Center*

The Fitness Centre received all new equipment, such as free-weights and weight-lifting machines, along with an impressive collection of cardio workout equipment.



# OFFICERS' ROTATION

## *Seven Seas Navigator*®

MONTH	MASTER	GENERAL MANAGER	CRUISE DIRECTOR	CRUISE CONSULTANT
JANUARY	UBALDO ARMELLINO, (21) ATANAS KOSTADINOV	DAVOR JOSIPOVIC	(5) JAMIE & DANA LOGAN	MATILDA JEROSIMIC
FEBRUARY	ATANAS KOSTADINOV	DAVOR JOSIPOVIC	JAMIE & DANA LOGAN	MATILDA JEROSIMIC, (7) SANDRA MCLAY
MARCH	ATANAS KOSTADINOV	DAVOR JOSIPOVIC	JAMIE & DANA LOGAN	SANDRA MCLAY

## *Seven Seas Voyager*®

MONTH	MASTER	GENERAL MANAGER	CRUISE DIRECTOR	CRUISE CONSULTANT
JANUARY	FELICE PATRUNO	NICKIE SHEILS	RAY SOLAIRE, (12) MARGARET LYNN SCOGGINS	BRUCE VAN ROOYEN
FEBRUARY	FELICE PATRUNO, (13) DANIEL GREEN	NICKIE SHEILS, (20) FRANCK GALZY	MARGARET LYNN SCOGGINS	BRUCE VAN ROOYEN
MARCH	DANIEL GREEN	TBC	MARGARET LYNN SCOGGINS, (23) ANDY HEATH	BRUCE VAN ROOYEN, (7) LYNN MADSEN

## *Seven Seas Mariner*®

MONTH	MASTER	GENERAL MANAGER	CRUISE DIRECTOR	CRUISE CONSULTANT
JANUARY	SERENA MELANI	ANATOLI MAKAEV	TBC, (17) PAUL REYNOLDS	EDDIE PSZEMIAROWER, (11) ALEX NORTON
FEBRUARY	SERENA MELANI, (10) TEO SRDELIC	ANATOLI MAKAEV, (4) MASSIMO ARZANI	PAUL REYNOLDS	ALEX NORTON
MARCH	TEO SRDELIC	MASSIMO ARZANI	PAUL REYNOLDS	ALEX NORTON

## *Seven Seas Explorer*®

MONTH	MASTER	GENERAL MANAGER	CRUISE DIRECTOR	CRUISE CONSULTANT
JANUARY	CAPTAIN STANISLAS, (30)	FRANCK GALZY, (20) MICHAEL COGHLAN	TBC, (8) ANDY HEATH	LYNN MADSEN, (13) GUDRUN WERNER
FEBRUARY	ROSARIO VASTA	MICHAEL COGHLAN	ANDY HEATH	GUDRUN WERNER
MARCH	ROSARIO VASTA	TBC	ANDY HEATH, (16) JOHN BARRON	GUDRUN WERNER

Terms: (Date) = date the crew member joins the ship. Schedule is for information purposes only and is subject to change at any time.



Destination Inspiration

# THE GENIUS OF VENICE

THE SEAFARING REPUBLIC BORROWED FROM CULTURES FAR AND WIDE BUT ULTIMATELY CREATED A CITY THAT WAS PERFECTLY UNIQUE



by Roger Crowley  
From *Smithsonian Journeys Quarterly*  
(Winter 2015)



of bell towers to portray it in bird's-eye view as if from a great height. Houses, churches, ships, the S-shaped meander of the Grand Canal—everything is laid out in magisterial detail, and the whole scene is watched over by Mercury and Neptune, the gods of commerce and the sea.

*Discover Venice anew, from its rich history and many cultural quirks to its delightful, present-day customs and excursions.*



In the Correr Museum at the end of St. Mark's Square, there's a spectacular city map. It was produced in 1500 by Jacopo de'Barbari to celebrate the half millennium and the glory of Venice. At nearly three meters (ten feet) long, printed from six giant woodblocks on sheets of paper of unprecedented size, it was also an advertisement for Venice's supremacy in the newfangled art of printing. The method behind its perspective was equally ingenious: Barbari had surveyed the city from the tops

The Barbari map projects the image of a blessed place. Venice appears to be immortal, its greatness ordained in the classical past, its effortless wealth resting on a mastery of trade and navigation. This was very much how it struck visitors at the time. When the French ambassador, Philippe de Commines, arrived in 1494, he was plainly astonished. To float down the Grand Canal past the grand palazzi of the merchant princes, such as the Ca' d'Oro shimmering in its covering of gold leaf, was to be witness



to an extraordinary drama of activity, colour and light. "I saw 400-ton vessels pass close by the houses that border a canal, which I hold to be the most beautiful street," he wrote. To attend mass in St. Mark's Basilica or observe one of the splendid ceremonies of the Venetian year - the marriage of the sea on Ascension Day, the inauguration of a doge or the appointment of an admiral, the parading of captured war trophies, the great processions around St. Mark's Square—these theatrical displays seemed like manifestations of a state that was uniquely favoured. "I have never seen a city so triumphant," declared Commines. Our modern reaction on sighting Venice for the first time is almost identical, no matter how many prior images we've been exposed to. We are also astonished.

Yet the story Venice told about itself, the story behind the map, was a creative invention, like the city itself. It claimed the

preordained patronage of St. Mark, but it had no connection with early Christianity nor any link with the classical past. Venice was comparatively new. It was the only city in Italy not to have existed in Roman times. People probably fled into the Venetian lagoon to escape the chaos of the empire's collapse. Its rise from a muddy marsh to a miraculously free republic of unequalled



prosperity was not the gravity-defying marvel it appeared. It was the result of centuries of self-disciplined effort by a hardheaded, practical people.

The original genius of Venice lay in its physical construction. Painstakingly reclaiming marshland, stabilising islands by sinking oak piles in the mud, draining basins and repairing canals, maintaining barriers against the threatening sea - all required ingenuity and high levels of group cooperation. The ever shifting lagoon not only shaped the city but also gave rise to a unique society and way of life. Beyond the fish and salt of the lagoon, Venice could produce nothing. Without land, there could be no feudal system, no knights and serfs, so there was a measure of equality. Without agriculture, seafaring and trade were its only options, so the Venetians had to be merchants and sailors. They were literally all in the same boat.



From the start, building and living on a marsh required original solutions. Houses raised on wooden pontoons had to be lightweight and flexible. The brick or stone facades of even the great palazzi are a thin skin, the bricks supporting the roofs are hollow, the floors constructed of an elastic mixture of mortar and shards of stone or marble. Equally challenging was the provision of drinking water. One of the many paradoxes of living in this unpromising place was its absence. "Venice is in the water but has no water," it used to be said. The ornate wellheads that you can find in almost any campo conceal a complex scheme for water collection. Beneath the square a substantial clay-lined cistern was constructed, connected to an immense network of pipes and gutters that fed rainwater off the roofs and hard surfaces,



*Destination Inspiration - Venice cont.*



through a sand filtration system and into the well. By the early 14th century, a hundred thousand people depended on these wells; at Venice's height, more than 200,000.

The ingenuity involved in building the city's infrastructure may be hidden from view, but it's as original as anything else the Venetians created. Even so, the wells were never sufficient. In the summer months, flotillas of boats plied back and forth bringing freshwater from the mainland. If we are startled now by the array of vessels shuttling about, the formerly absolute dependence on shipping has been reduced by the causeway that connects Venice to the rest of Italy. You have to look at Canaletto's paintings to get any sense of Venice's historical relationship with the sea. They depict a world of masts and spars, barrels and sails, ship repair yards and literally thousands of vessels, from tiny skiffs and gondolas to large sailing vessels and oared galleys. Embarkation was a central metaphor of the city's life, frequently repeated in art. The walls of the Doges' Palace, the very centre of the state, are embellished with colossal paintings depicting the city's maritime victories, maps of the oceans and allegorical representations of Neptune offering Venice the wealth of the sea.

Sailing was Venice's lifeblood. Everything that people bought, sold, built, ate, or made came in a ship: the fish and the salt, the marble, the weapons, the oak palings, the looted relics and the old gold; Barbari's woodblocks and Titian's paint; the ore to be forged into anchors and nails, the stone for palaces on the Grand Canal, the fruit, the wheat, the meat, the timber for oars and the hemp for rope. Ships brought people too: visiting merchants, pilgrims, tourists,



 Learn, travel and share as you expand your horizons with **The Smithsonian Collection by Smithsonian Journeys**, an engaging enrichment program brought to you by Regent Seven Seas Cruises® and the Smithsonian Institution. Visit [RSSC.com/TheSmithsonian](http://RSSC.com/TheSmithsonian) for more details.

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*Destination Inspiration*

emperors and popes. Because maritime supply was critical to survival, the Venetian Republic was obsessively attentive to detail and engineered revolutionary construction and management techniques.

The hub of all maritime activity was the state arsenal. To stand outside its magnificent front gate, embellished with an array of lions, is to behold one of the wonders of the Middle Ages. By 1500, the 60-acre site enclosed by high brick walls was the largest industrial complex in the world. Here the Venetians built and repaired everything necessary for maritime trade and

war. Along with turning out merchant ships and war galleys, the arsenal produced ropes, sails, gunpowder, oars, weapons and cannons by methods that were hundreds of years ahead of their time. The Venetians analysed every stage of the manufacturing process and broke it down into a prototype of assembly-line construction. Galleys were built in kit form by craftsmen who specialized in the individual components, so that in times of crisis ships could be put together at lightning speed. To impress the visiting French King Henry III in 1574, the arsenal workers assembled a complete galley during the length of a banquet.



Their concern for quality control was similarly cutting-edge. All work was subject to rigorous inspection; ropes were colour tagged according to their intended use; every ship had a specified carrying capacity with a load line marked on its side, a forerunner of the Plimsoll mark. This care was a function of the city's deep understanding of the demands of the sea. A vessel, its crew and thousands of ducats of valuable merchandise could founder on shoddy work. For all its visual splendour, Venice was a sober place. Its survival ultimately depended on practical materials — wood, iron, rope, sails, rudders and oars - and it made unconditional demands. Caulkers should be held accountable for split seams, carpenters for snapped masts. Poor work was punishable by dismissal.



*Venetian* VOYAGES

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MEDITERRANEAN ARTISANS & VINTNERS | *Seven Seas Voyager*®  
 VENICE TO MONTE CARLO | 1 JUNE, 2017 | 10 NIGHTS

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QUINTESSENTIAL PROVENCE | *Seven Seas Voyager*®  
 VENICE TO BARCELONA | 8 JULY, 2017 | 10 NIGHTS  
**PLUS 2 MAGICAL NIGHTS IN VERONA & GOLD TICKETS TO NABUCCO AT THE ARENA DI VERONA**

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JOURNEY TO THE ACROPOLIS | *Seven Seas Voyager*®  
 VENICE TO ATHENS | 8 OCTOBER, 2017 | 7 NIGHTS

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MEDITERRANEAN PALETTE | *Seven Seas Voyager*®  
 VENICE TO ROME | 14 OCTOBER, 2017 | 7 NIGHTS



*Keeping connected*

## SPOTTED ONBOARD

Seven Seas Explorer® Edition



It's been so good to see so many of you enjoying your travel experiences with us, both onshore and on board, through Instagram and email. We were spoiled for choice in selecting photos for this page that showcased your fabulous trips – but when there are the stunning backdrops of the Mediterranean or the sumptuous colours and fabrics on board our ships, how can you not take a good photograph?

We love seeing the photos so keep tagging your pictures of your travels using #RegentSevenSeas or send them in to us at Society@rssc.com.

With our Great Captain #regentsevenseasexplorer #sevenseasexplorer #luxury #regentsevenseas  
Photo Credit: @yingpookpateaw



And we're off! Next stop, Florida!  
#regentsevenseas #regentmariner  
#statueofliberty #cruise  
Photo Credit: @marcivan\_



Registered in the Marshall Islands, this is the most luxurious ship ever built. Her name is M/S Seven Seas Explorer.  
#RegentSevenSeasExplorer  
#SevenSeasExplorer #RSSC  
#RegentSevenSeasCruises  
#LiveLifeLuxuriously @regentcruises  
Photo Credit: @holly\_kong



Be a discoverer of good things today •••  
Because whatever you look for, you will find.  
#ThoseCrazyNelsons  
Photo Credit: @mrs\_samanthanelson



At the Grand Mosque in Abu Dhabi ... where ultra-modest attire is required including head scarves for women ... not the worst, but plenty hot after an hour in 26C+ heat lol. I had mistakenly thought 3/4 length sleeves on my blouse would suffice lol ... not quite ... cardigans weren't made for the heat lol ... just sayin' #regentsevenseas  
Photo Credit: @anita\_walter\_8



If you need me, I'll be in this cozy corner of the ship library. #regentsevenseas  
Photo Credit: @esile1



Café da Manhã à espera privilégio a bordo do Regent Seven Seas Explorer #regentsevenseas #selectionsviagens #euamonavegar @regentsevenseas  
Photo Credit: @sylviasilva



Thank you to everyone who has taken the time to send us their thoughts, feedback and comments from their time on board; we love hearing about your experiences and suggestions for future cruises. Below are a few excerpts of the notes we have received:

*Jim & Sue M.*

Seven Seas Society  
Bronze member

"We have just returned from a week long cruise from Athens to Venice aboard Seven Seas Navigator. We had a great time and were very sad to say "Goodbye" to the ship and all the crew at Venice.

However, we were continuing our holiday in Venice staying at The Hotel Savoia and Jolande overlooking the Lagoon. On the first night we were sitting on our balcony having "sundowners" with our travelling companions, when who should come sailing by but the Navigator.

We were all so excited and raised our glasses in a toast to this lovely ship and all the wonderful crew. Thank you Regent for a memorable holiday."

*Mr. Michael P.*

Seven Seas Society  
Gold member

"We thought we would drop you a quick email to congratulate you, the Regent Management, and all its staff on a superb cruise on probably without doubt the most outstanding, splendid cruiseliner to ever sail the oceans.

We do not think the photos and videos publicity do the ship justice. A phenomenal amount of thought and attention to detail has gone into achieving a magnificent, beautiful masterpiece of craftsmanship.

But saying that any organisation is as good as its staff. We feel Regent has moved into a different league with the quality, charm, presentation and efficiency of the staff on board. From the moment we arrived to the sad moment we departed, one felt a magical appealing team spirit. Nothing was too much for the passengers on board. It was fascinating to note that all the crew just wanted to always go the extra mile for the clients. Be it a cleaner or an officer, everyone was friendly, polite, courteous and couldn't do enough for the guests on board. Most importantly, they all took pride in their appearance."

Keep them coming! We look forward to receiving more of your comments and suggestions – as well as your editorial submissions. Please send your articles, testimonials or photos to Society@RSSC.com and you may be featured in an upcoming issue.







Members only

# SEVEN SEAS SOCIETY<sup>®</sup> SAVINGS


EXCLUSIVELY FOR YOU

EXPERIENCE THE BENEFITS OF SEVEN SEAS SOCIETY<sup>®</sup> WITH THESE EXCLUSIVE SAILINGS:



HAMILTON, BERMUDA

## BERMUDA SPLENDOR *Seven Seas Navigator*<sup>®</sup>



17 OCTOBER, 2017 | 12 NIGHTS | NEW YORK ROUNDTRIP  
Ports Visited: New York, Newport, Boston, Saint John (Bay of Fundy), Halifax, Hamilton , St. George (Bermuda), New York

 SEVEN SEAS SOCIETY<sup>®</sup> MEMBERS ENJOY ADDITIONAL SAVINGS OF UP TO **£590/ €780** PER SUITE.



BARCELONA, SPAIN

## PLAZAS & CATHEDRALS *Seven Seas Explorer*<sup>®</sup>





12 NOVEMBER, 2017 | 12 NIGHTS | ROME TO LISBON  
Ports Visited: Rome (Civitavecchia), Florence/Pisa (Livorno), Portofino, Monte Carlo, Provence (Marseille), Barcelona, Parma de Mallorca, Cartagna, Málaga, Seville (Cádiz) , Lisbon 

 SEVEN SEAS SOCIETY<sup>®</sup> MEMBERS ENJOY ADDITIONAL SAVINGS OF UP TO **£1,850/ €2,410** PER SUITE.

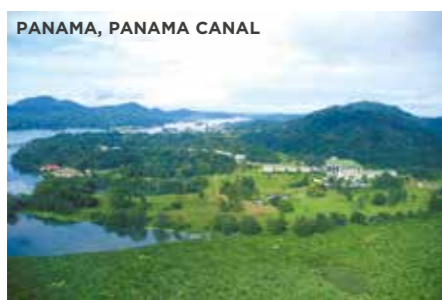


SHANGHAI, CHINA

## SACRED GARDENS & TEMPLES *Seven Seas Voyager*<sup>®</sup>



29 DECEMBER, 2017 | 19 NIGHTS | BEIJING TO SINGAPORE  
Ports Visited: Beijing (Tianjin), Shanghai , Xiamen, Hong Kong , Hanoi (Ha Long Bay) , Saigon (Ho Chi Min City) , Bangkok 2 x , Ko Samui, Singapore

 SEVEN SEAS SOCIETY<sup>®</sup> MEMBERS ENJOY ADDITIONAL SAVINGS OF UP TO **£1,390/ €1,810** PER SUITE.



PANAMA, PANAMA CANAL

## PATHWAY TO PANAMA *Seven Seas Mariner*<sup>®</sup>

5 JANUARY, 2018 | 18 NIGHTS | MIAMI TO LIMA  
Ports Visited: Miami, Key West, Cozumel, Costa Maya, Harvest Caye, Santo Tomás de Castilla, Roatán, Puerto Limón, Fuerte Amador (Balboa) , Manta, Guayaquil, Salaverry, Lima (Callao) 

 SEVEN SEAS SOCIETY<sup>®</sup> MEMBERS ENJOY ADDITIONAL SAVINGS OF UP TO **£1,320/ €1,720** PER SUITE.

 - Overnight in port



What an amazing year this has been and how quickly it seems to have gone. It was an exciting first half of 2016 leading up to the launch of *Seven Seas Explorer*<sup>®</sup>, and it all culminated with a truly memorable christening in Monte Carlo. The last half of the year has been just as exciting, as we are anticipating welcoming an intimate group of guests aboard our World Cruise at the beginning of 2017 and preparing to celebrate our 25th Anniversary next year.

As we near our 25-year milestone and reflect on our growth and success, some of you have

made plans to join us aboard our special anniversary cruise that sails from Barcelona to Venice on 9 April, 2017 for 10 nights. Hosted by President & CEO Jason Montague aboard *Seven Seas Explorer*, the world's most luxurious ship, you will enjoy an array of memorable events, such as exclusive dinners for Seven Seas Society members and a festive sail-away party.

We received an overwhelmingly positive response to our first issue of the new look Society Pages. Thank you to all of those members who wrote in, I truly appreciate your encouragement and suggestions. From my conversations with you throughout my time as director of the Seven Seas Society, I find myself inspired by your stories and I

thoroughly enjoy many of your savvy travel tips, which is why I would very much love to share them with the rest of our wonderful family of past guests.

I look forward to receiving your emails at [Society@RSSC.com](mailto:Society@RSSC.com).

Best Regards,

Jason O'Keefe  
Director, Seven Seas Society  
[Society@RSSC.com](mailto:Society@RSSC.com)

## WHAT LUXURY MEANS TO YOU

We launched our #RegentLuxuryIs competition on Facebook in October, wanting to find out what luxury means to you. We take great pride in making our ships as luxurious as we can so you can relax, unwind and experience the very finest while travelling, so marrying your expectations with what we do is important to us. We received over 500 heart-warming responses and here are just a few:

### Regent Luxury Is...

'The finest in lotions and potions - indulgences at every turn - a person there to grant your every wish -- that is a vacation on Regent'  
(Nancy Steiner)

'Luxury is wholeheartedly embraced and lived. Celebrate the beauty of perfect sunsets, new friends, exciting ports, and a chance to be pampered at every turn.'  
(Shelly Kreilick Smith)

'#RegentLuxuryIs The luxury of Regent is not found only in the amazing surroundings of the ships but in the incredible service and the people that transform every cruise into an unforgettable and memorable journey.'  
(Laurie Brassard)

Regent Seven Seas Cruises: Delivering the cruise of your dreams with magnificent service, wonderful cuisine, and unforgettable excursions. Prepare to be pampered!  
(Matthew Chertkow)

'#RegentLuxuryIs...Worry-free cruising at its finest. Service next to none. Beautiful architecture. Exceeds expectation. Goes above and beyond to cater to all your creature comforts.'  
(Heather Skinner)

'#RegentLuxuryIs the classiest cruise line to sail the seas! Crew members read your mind, always going above and beyond! It's a slice of heaven on Earth!  
(Jenn S Meikle)

Out of more than 500 entries, and 300 votes, you decided that *Julie Forestell's* answer best described what RegentLuxuryIs... 'decadent, opulent, gourmet, and luxury in everything you see, touch and feel. Regent brings you everything you never knew you always wanted.'

To find out more about **Regent Seven Seas**<sup>®</sup> competitions and daily news on our ships from our President and CEO, Jason Montague, you can follow him at [Facebook.com/JasonMontague](https://www.facebook.com/JasonMontague)



Destination Inspiration

# TWO OCEANS, ONE CANAL & ONE LIMITLESS WONDER



by Luke Bergado,  
Destination Manager  
Seven Seas Mariner®

feel the water lifting our ship up to 85 feet through the series of locks is an incredible sensation that you can't properly put into words.



Two months ago I had the amazing experience of transiting the Panama Canal aboard Seven Seas Mariner. We started from San Francisco and it was beautiful to see the Golden Gate Bridge disappear in the distance behind us. Then, we sailed down to the Mexican Riviera to Acapulco, which is stunning and offers many excursion options for our guests. Yet the buzz around the ship was all about the upcoming transit of the awesome Panama Canal. The Panama Canal is arguably the world's mightiest engineering feat because in some sections the builders quite literally moved mountains to make this dream a reality. To see this mechanical marvel in action and

**THE MORNING OF THE TRANSIT**  
The feeling of waking up and knowing you are about to transit the Canal is similar to a child on Christmas morning – and on this voyage, the excitement was palpable. The majority of our guests assembled at the Observation Lounge by the time the first chamber came into view and as soon as the process began, our guest lecturer Antonio Grenald, a local expert who came on board with the pilot, provided interesting commentary that explained what we were seeing and feeling. Mr. Grenald shared how Columbus himself searched for a way to get to the Pacific across the narrow isthmus of Central America. For centuries, monarchs, presidents, businessmen, and explorers all struggled to find such a passage, knowing that whoever controlled it would exert unsurpassed control over global trade, and therefore the fate of nations.



Destination Inspiration

**THE PLACES WE EXPLORED**

After our crossing, we began our Atlantic Ocean sailing towards New York, but before the Statue of Liberty welcomed us to the *Big Apple*, our guests got to explore some of the most beautiful, historic and even remote places in the world.

**PUNTARENAS, COSTA RICA** – In Costa Rica there was something for everyone. Some of our guests set out to relax on the beach, while our more adventurous ones trekked to a volcano. My personal favourite excursion to offer in Puntarenas is *A Walk in the Clouds*, which is a walk through a tropical cloud forest across suspended bridges high above the jungle floor. Needless to say, the views are spectacular. Part of the tour also takes you to a scenic lookout where you can gaze over Costa Rica's largest lake and the *San Gerardo Waterfall*.

**CARTAGENA, COLOMBIA** – This city is a UNESCO-protected Old Town. Its architecture reminded me of Florence and there was even a little bit of New Orleans with its friendly and lively locals. I loved taking a leisurely stroll along its Spanish-built city walls. Our guests really enjoyed the excursions we offered to the *La Popa Monastery*. It features an ornate, 22-karat gold foil altar and a lovely, flower-filled courtyard that is incredibly peaceful.

**CHARLESTON, SOUTH CAROLINA** – Combining history and plenty of Southern charm, Charleston is such a wonderful town. If there was ever a place to ride on a horse-drawn carriage, it's here and our guests certainly did. The historic city centre was just a short stroll from the pier and I loved walking through neighbourhoods with stately homes adorned with wooden

shutters, ironwork balconies, leafy patios and hidden gardens. It transported me back in time like no other place we visited.



**WHICH WAY TO PANAMA?** - I'm often asked which way is the best direction to transit the Canal. From east to west or from west to east? My answer is always the same: both. Whichever way you transit, the century-old Panama Canal will amaze and inspire you. As a luxury traveller, you may have sailed to destinations along the Atlantic or Pacific Oceans, but the experience of sailing through these two massive bodies is a once-in-a-lifetime opportunity. Next season we are offering even more Panama Canal cruise options, including epic itineraries that journey all the way from San Francisco to Montréal. I hope you have the opportunity to experience it and I look forward to serving as your destination manager aboard your voyage.

FROM COLONIAL PORTS PAINTED IN PASTELS AND A KALEIDOSCOPE OF DELIGHTFUL MARKETS, TO THE ANCIENT RUINS AND GLISTENING BEACHES - EXPERIENCE THE BEST OF THE PANAMA CANAL



**PANAMA PRIMAVERA**  
*Seven Seas Mariner*®  
25 APRIL, 2017 | 18 NIGHTS | MIAMI TO SAN FRANCISCO  
Ports Visited: Miami, Cartagena, Colón, *Panama Canal Daylight Transit*, Puntarenas, San Juan del Sur, Puerto Quetzal, Acapulco, Mazatlán, San Diego, San Francisco



**PASSAGE TO PANAMA**  
*Seven Seas Navigator*®  
17 JUNE, 2017 | 22 NIGHTS | MIAMI TO VANCOUVER  
Ports Visited: Miami, George Town (Cayman Islands), Santa Marta, Cartagena, *Panama Canal Daylight Transit*, San Juan del Sur, Puerto Quetzal, Acapulco, Cabo San Lucas, San Diego, San Francisco, Astoria, Victoria, Vancouver



**PANAMA CANAL PASSION**  
*Seven Seas Navigator*®  
20 JULY, 2017 | 18 NIGHTS | SAN FRANCISCO TO MIAMI  
Ports Visited: San Francisco, Catalina Island, Cabo San Lucas, Acapulco, Puerto Quetzal, Corinto, Puntarenas, *Panama Canal Daylight Transit*, Cartagena, Key West, Miami



**PANAMA CANAL TO BAY CITY**  
*Seven Seas Mariner*®  
18 APRIL, 2018 | 18 NIGHTS | MIAMI TO SAN FRANCISCO  
Ports Visited: Miami, Cartagena, *Panama Canal Daylight Transit*, Puntarenas, San Juan del Sur, Puerto Quetzal, Acapulco, Mazatlán, Cabo San Lucas, San Diego, San Francisco

For more information visit [rssc.com](http://rssc.com) or contact your travel agent.



CULINARY  
  
 ARTS KITCHEN  
 — onboard —  
 Seven Seas Explorer®

A TASTE OF LIFE ON BOARD

BRANZINO ALL'ACQUA PAZZA

Mediterranean Sea Bass with Plum Tomatoes, Carrots, Celery, Onions and Fresh Oregano

SERVES 4

INGREDIENTS

- 4 pieces Mediterranean Sea Bass Fillets each 5 oz
- 1 oz olive oil
- 1 clove garlic, crushed
- 3 stems parsley, crushed
- Salt and pepper



ACQUA PAZZA SAUCE

- 1 oz olive oil
- 1 clove garlic, crushed
- 1 oz onions, finely chopped
- 1 oz carrots, diced 1 cm
- 1 oz celery stalk, diced 1 cm
- 1 tsp capers
- 1 oz white wine
- 4 oz clam stock
- 1 oz water
- 3 oz tomato sauce
- 5 oz potatoes, tourned (12 pcs)
- 2 oz plum tomato fresh, peeled, deseeded and diced 2 cm

INSTRUCTIONS

- Marinate the fish fillets with olive oil, garlic and parsley stems for 30 minutes.
- Sauté garlic slowly in olive oil until golden, discard the garlic. Add the carrots, onions, celery and capers, fry for 5 minutes. Deglaze with white wine, reduce 2/3, and add the clam stock, water, tomato sauce and potatoes. Bring back to a boil and simmer until the potatoes are boiled (add the tomatoes for the last 5 minutes). Season to taste with salt and pepper.
- Toss the cherry tomatoes (keep the vine attached, if any) with olive oil, salt and pepper, roast for approx. 3 minutes.
- Season the marinated fish fillet with salt and pepper. Grill first the skin side until crispy, turn the fillet over and sear shortly on the flesh side, the fish fillet must remain juicy.
- Place the fish fillet over the potatoes and spoon the sauce around and half over the fish, garnish with roasted cherry tomato, oregano and fresh basil leaves.



A NEW DIRECTION  
 FOR COMPASS ROSE



By Bernhard Klotz  
 Senior Culinary Director



As the director of culinary operations, I'm always in search of our next great dish or a new delicious vintage or even bringing to life an old family recipe. Throughout my career, I've helped create new menu concepts for Sette Mari at La Veranda and, more recently, for Chartreuse and Pacific Rim aboard Seven Sea Explorer, but none have I enjoyed more than my recent work, which is completely transforming our signature restaurant Compass Rose into our largest speciality restaurant.

I wanted to do something special to honour our first fleet-wide restaurant, Compass Rose. And what better way than an unprecedented, fully customized epicurean experience with a variety of gourmet options available to more than 400 diners nightly. The culinary teams on our ships have always

been able to cater to your special culinary desires with advance notice. Yet, our new menu is so encompassing and customisable that guests with special dining requests no longer need to make them in advance, our chefs can prepare whatever your heart's desire a la minute.

This new culinary approach provides you with a seemingly endless combination of dishes to choose from during dinner service at Compass Rose, such as more than a dozen different meat, fish and seafood items, prepared to taste, garnished with a sauce of choice and complemented with side dishes and accompaniments. Additionally, each evening the ship's executive chef creates nightly specials, which adds more than a dozen mouth watering appetizers, pasta dishes and entrée choices to the menu.

Don't worry, we also kept our most beloved dishes as well, a few of them are so classic that we have served them the same way for nearly two decades. My personal all-time favourite is the Wiener Schnitzel, it's so good it reminds me of home, as well as the Alaskan halibut fillet viennoise "Paul Bocus" style, because I like the topping

of the fish with Portuguese tomatoes, mushroom duxelles and Gruyere cheese crust. Makes my mouth water!

To complete the meal, we will offer a separate dessert menu with international cheeses, premium handmade ice creams and delectable pastries, cakes, crumbles and soufflés. Among them is the Papuan chocolate volcano with passion fruit heart and caramel lava and vanilla sauce, which is one of the more difficult desserts to prepare. The process starts two days before the dessert is on the dinner menu!

We tested this new menu concept on a couple cruises over the summer and our guests absolutely loved it. I'm really proud that we were able to create this new menu that offers such a huge degree of customisation, which, in the past, we typically reserved for speciality restaurants. And now we are ready to unveil it across our four ships.

Aboard Seven Seas Explorer, Seven Seas Voyager and Seven Seas Navigator, you may already enjoy the new menu. The new Compass Rose debuts on Seven Seas Mariner on May 13, 2017.



# GUDRUN WERNER

REGENT SEVEN SEAS CRUISES® ON BOARD CRUISE CONSULTANT



“Be a traveller, not a tourist.”



“Be a traveller, not a tourist.” A top tip from Regent’s Seven Seas Cruises On Board Cruise Consultant Gudrun Werner. Gudrun is well placed to offer such advice as since falling in love with cruise following a transatlantic crossing as a guest in 1993, she has pretty much seen the entire world.

A year on from that first cruise the German national landed her first job in the industry and after a break to complete a degree in hospitality & tourism, Gudrun joined Regent in 1998 – then known as Radisson Seven Seas Cruises - and has never looked back, “A career at sea never really crossed my mind until I did my first cruise. I realise that I am very lucky having found a vocation I truly love and enjoy day after day.”

Gudrun has held several roles for the line including Cruise Director of Seven Seas Navigator and Seven Seas Mariner. She also recalls her very busy days when she first started with Regent. “In those days, most positions on board were multi-tasking and I was not only in charge of social events, but also delivery of the daily programme and running a fitness programme”.

Fast forward to the present and Gudrun is still just as busy as an On Board Cruise Consultant where she assists guests to plan and book their next cruise. She also oversees

Regent’s loyalty programme on board, Seven Seas Society, and enjoys hosting special events such as the traditional Seven Seas Society Recognition Party for guests who have reached Gold, Platinum or Titanium levels.

Being a veteran of the line she has plenty of memories, but a highlight was an evening in China “I had the opportunity to visit a concert of the Shanghai Symphony Orchestra, an 80-piece orchestra performing in the stunningly beautiful Opera House of Shanghai. The final piece was “Ode to Joy” and a Chinese choir of more than 60 sang in German.”

Over the years, Gudrun has followed her own advice to be a traveller and proved her credentials when we asked her to list the places she has sailed with Regent. “It’s probably easier to tell where I haven’t yet sailed.” The bucket list turns out to be impressively short with Antarctica being one of her only travel goals remaining.



# Q&A

WITH YOUR FAVOURITE ON BOARD PERSONALITIES



Executive Concierge: Daniela Acosta

**Q: What inspired you to have a career on cruise ships?**

A: I had the opportunity and privilege to cruise with my family on three occasions and I thought it would be wonderful to work and travel all over the world at the same time. While earning my degree in international business, my mother sent me an email with a link to Regent Seven Seas Cruises’ website with a note that read, “FOLLOW YOUR DREAM!”. After few interviews, I was hired. I flew to Helsinki, Finland to join Seven Seas Voyager as a receptionist. I have been working with the company since 2012 and I am very proud to be part of the Regent family.

*“I have been working with the company since 2012 and I am very proud to be part of the Regent family.”*

**Q: During your time off, where do you call home and how do you typically enjoy your vacation time?**

A: I am from Mexico City, but I have lived in Tijuana, Mexico for 11 years now. On vacation, I always go home and every other vacation, I go to Portugal to visit my boyfriend.

**Q: Do you have any favourite guest stories or moments that are most memorable while working with guests?**

*“... and they all wrote me after their trip and sent me pictures.”*

A: On board Seven Seas Voyager, we missed a call to Xiamen, China. A group of guests were supposed to take an overland tour to Xian, China and see the Terracotta Soldiers. Some of the guests were very disappointed so I decided to organize a trip for seven couples. The guests were so appreciative about it and they all wrote me after their trip and sent me pictures. They will always be my Terracotta darlings.

**Q: Which is your favourite Regent ship or destination and why?**

A: My first ship was the beautiful Seven Seas Voyager. She will always be very special for me. On board Seven Seas Mariner, I met the love of my life. His name is Luis Miguel and he is a sous chef from Portugal. My favourite ports of call are Monte Carlo, Monaco and Barcelona, Spain.



Regent Suite Butler: Ronny David

**Q: What inspired you to have a career on cruise ships? How long have you been working?**

A: Working on board cruise ships gives you an opportunity to visit the most exotic

*“... I love to spend time in Goa as it is well known for the lovely beaches and authentic cuisine.”*

and beautiful destinations on Earth. Working here enables me to meet and make many great friends who come from far away and all have different cultures.

**Q: What does an average work day look like for you and what do you do when you are off duty?**

A: I always love to wake up early and read the newspapers online. I start my shift at 6am and this is the time we go through the activities for the day for our guests. We help each other serve our guests and ensure that we have everything we need for a smooth operation. Later in the evenings we have a lot of cocktail parties and dinners, and I make sure that all the guests are happy.

*“The guest was so touched that they told me that they would never ever forget this experience.”*

**Q: Can you share a special moment that you were able to create for a guest?**

A: A guest was celebrating his anniversary and told me that his wife’s favourite flower was the red rose. So before breakfast, I decorated the suite with balloons and red roses and in the afternoon and I sent red roses to the spa to be given to his wife by the therapist. Later in the evening, I served some champagne and caviar and presented her with more red roses. The guest was so touched that they told me that they would never ever forget this experience.

## NEW ITINERARIES & NEW DESTINATIONS

*Look for an advance voyage preview on [RSSC.com](http://RSSC.com)  
and via email the week of 16 January, 2017*



*Regent*  
SEVEN SEAS CRUISES®

THE MOST INCLUSIVE LUXURY EXPERIENCE™